# **PREPARE FOR CORONOVIRUS**

HOW YOU & YOUR FAMILY CAN STAY SAFE

#### WASH YOUR HANDS OFTEN



Scrub hands with soap and water for at least 20 seconds. If soap & water are not available, use a hand sanitizer with at least 60% alcohol.

### **COVER YOUR COUGH**

Covering your coughs and sneezes with you elbow or a tissue can help keep germs from spreading through the air.



If you are sick or experiencing symptoms of coronavirus, call your healthcare provider for instructions before going in. Seek care from your primary care physician or at urgent care facilities. WHEN SICK, STAY HOME

WHAT ABOUT MASKS?



Masks are not effective prevention tools for healthy people. Wearing a mask when sick may help prevent disease spread. Healthcare workers and others caring for the sick are most in need to properly fitting masks.

Start gathering general, daily supplies such as medications, bottled water, and non-perishable foods.



## **BE READY AT ALL TIMES**

Flu is actively spreading throughout Genesee County. Risk of exposure to COVID-19 is currently low. Practice good prevention practices (handwashingm staving home when sick, etc.). If you haven't already, get your flu shot.



#### **KEEP YOUR RISK IN PERSPECTIVE**

DISINFECT SURFACES

What items and surfaces do you touch most frequently? Disinfect these items and surfaces often.

### **KEEP YOUR DISTANCE**



Is someone near you coughing? Move at least 6 feet away.



Make sure you are getting the most accurate, up-to-date information. Visit www.gchd.us/coronavirus and follow Genesee County Health Department on Facebook.

GeneseeCountyHealthDepartment

## COVID-19 SPREADS THROUGH **CLOSE** CONTACT









#### **PRACTICE SIMPLE PRECAUTIONS**





www.gchd.us/coronavirus Last updated: 03/10/2020

